

QUESTIONNAIRE MEASURING BODY IMAGE AND BODY DISSATISFACTION IN YOUNG GIRLS AGED 8-12 YEARS (Mciza et al. 2005)		Office use																
1. ID. Nr of participant	<input type="text"/> <input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/> <input type="text"/> 3																
2. Name of participant	<input type="text"/>	<input type="text"/> <input type="text"/>																
3. Home Address	<input type="text"/>	<input type="text"/>																
4 Home telephone number	<input type="text"/>	<input type="text"/>																
5. Name of School	<input type="text"/>	<input type="text"/>																
6. Grade of the participant	<input type="text"/>	<input type="text"/>																
7. Age on your last birthday	<input type="text"/> <input type="text"/> yrs	<input type="text"/> <input type="text"/>																
8. Date of birth:	<table border="1"> <tr><td>D</td><td>D</td><td>M</td><td>M</td><td>Y</td><td>Y</td><td>Y</td><td>Y</td></tr> <tr><td></td><td></td><td></td><td></td><td>1</td><td>9</td><td></td><td></td></tr> </table>	D	D	M	M	Y	Y	Y	Y					1	9			<input type="text"/> <input type="text"/> 1 <input type="text"/> 9 <input type="text"/> <input type="text"/>
D	D	M	M	Y	Y	Y	Y											
				1	9													
9. Date of interview:	<table border="1"> <tr><td>D</td><td>D</td><td>M</td><td>M</td><td>Y</td><td>Y</td><td>Y</td><td>Y</td></tr> <tr><td></td><td></td><td></td><td></td><td>2</td><td>0</td><td>0</td><td></td></tr> </table>	D	D	M	M	Y	Y	Y	Y					2	0	0		<input type="text"/> <input type="text"/> 2 <input type="text"/> 0 <input type="text"/> 0 <input type="text"/> 36
D	D	M	M	Y	Y	Y	Y											
				2	0	0												
SOCIOECONOMIC STATUS																		
10. How many people live in your household, including you?	<input type="text"/> <input type="text"/>	<input type="text"/> <input type="text"/> 38																
11. How many brothers and sisters do you have:	<table border="1"> <tr><td>Brothers</td><td><input type="text"/></td></tr> <tr><td>Sisters</td><td><input type="text"/></td></tr> </table>	Brothers	<input type="text"/>	Sisters	<input type="text"/>	<input type="text"/> <input type="text"/>												
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12. Do your grandparents live with you?	<table border="1"> <tr><td>Yes</td><td>1</td></tr> <tr><td>No</td><td>2</td></tr> </table>	Yes	1	No	2	<input type="text"/>												
Yes	1																	
No	2																	
13. Your position in your family:	<table border="1"> <tr><td>First born</td><td>1</td></tr> <tr><td>Second born</td><td>2</td></tr> <tr><td>Third born</td><td>3</td></tr> <tr><td>Fourth born</td><td>4</td></tr> <tr><td>Other</td><td>5</td></tr> </table>	First born	1	Second born	2	Third born	3	Fourth born	4	Other	5	<input type="text"/>						
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Second born	2																	
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Fourth born	4																	
Other	5																	
14. Who looks after you most of the time:	<table border="1"> <tr><td>Your mother</td><td>1</td></tr> <tr><td>Your father</td><td>2</td></tr> <tr><td>Your mother and father</td><td>3</td></tr> <tr><td>Your sister / brother</td><td>4</td></tr> <tr><td>Your grandmother</td><td>5</td></tr> <tr><td>Your grandfather</td><td>6</td></tr> <tr><td>Other</td><td>7</td></tr> </table>	Your mother	1	Your father	2	Your mother and father	3	Your sister / brother	4	Your grandmother	5	Your grandfather	6	Other	7	<input type="text"/>		
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15. Is the person looking after you:	<table border="1"> <tr><td>Employed</td><td>1</td></tr> <tr><td>Unemployed</td><td>2</td></tr> <tr><td>A pensioner</td><td>3</td></tr> <tr><td>On a disability grant</td><td>4</td></tr> <tr><td>Do not know</td><td>5</td></tr> <tr><td>Other</td><td>6</td></tr> </table>	Employed	1	Unemployed	2	A pensioner	3	On a disability grant	4	Do not know	5	Other	6	<input type="text"/>				
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16. Is the person looking after you?	<table border="1"> <tr><td>Married</td><td>1</td></tr> <tr><td>Living with a boyfriend / girlfriend</td><td>2</td></tr> <tr><td>Never married</td><td>3</td></tr> <tr><td>Separated</td><td>4</td></tr> <tr><td>Widowed</td><td>5</td></tr> <tr><td>Divorced</td><td>6</td></tr> <tr><td>Other</td><td>7</td></tr> </table>	Married	1	Living with a boyfriend / girlfriend	2	Never married	3	Separated	4	Widowed	5	Divorced	6	Other	7	<input type="text"/>		
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17. What is the highest level of education did the person pass?

Never went to school	1
Std < 5	2
Std 5-7	3
Std 8-10	4
Do not know	5
Other:	6

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#### CULTURAL IDENTITY

18. To which ethnic group do you belong?

Black	1
Mixed ancestry	2
White	3
Indian	4
Other:	5

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19. To which ethnic groups do most of your neighbours belong? (People on your street)

Black	1
Mixed ancestry	2
White	3
Indian	4
Other:	5

20. Do you go to school in the same area as you stay?

Yes	1
No	2

21. Which language is spoken at home?

Xhosa	1
English	2
Afrikaans	3
Other:	4

22. Do you understand Xhosa when someone else speaks it?

Yes	1
No	2

23. Do you understand English when someone else speaks it?

Yes	1
No	2

24. Do you understand Afrikaans when someone else speaks it?

Yes	1
No	2

25. Do the adults in your home teach you about Xhosa people?

Yes	1
No	2

26. Do the adults in your home teach you about English people?

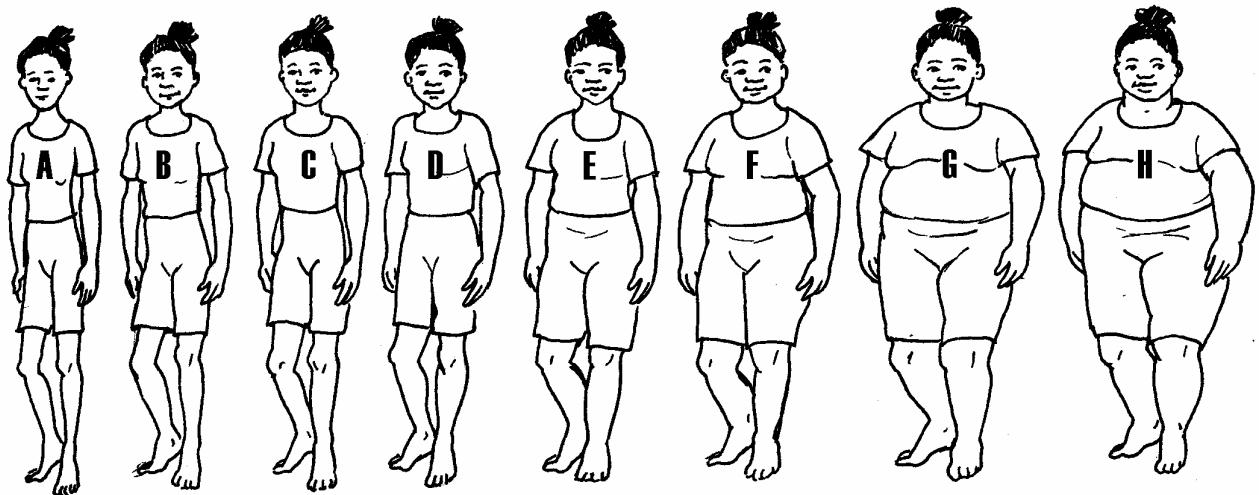
Yes	1
No	2

27. Do the adults in your home teach you about Afrikaans people?

Yes	1
No	2

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**BODY IMAGE SELF-ASSESSMENT, SIZE ACCEPTANCE AND SHAPE SATISFACTION**



1. Choose the girl that you think is:

Thin	<input type="checkbox"/>
Normal weight	<input type="checkbox"/>
Fat	<input type="checkbox"/>


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2. Choose the girl that you think will:

Look best	<input type="checkbox"/>
Be clumsy	<input type="checkbox"/>
Have more respect from others	<input type="checkbox"/>
Have less respect from others	<input type="checkbox"/>
Be the strongest	<input type="checkbox"/>
Be the weakest	<input type="checkbox"/>
Be the happiest	<input type="checkbox"/>
Be most unhappy	<input type="checkbox"/>


3. Choose the girl that:

You would want to look like	<input type="checkbox"/>
Your mom / dad / grandma / grandpa / sister / brother will want you to look like	<input type="checkbox"/>
Your friends will want you to look like	<input type="checkbox"/>


4. Have you ever thought that you are thin:

Yes	<input type="checkbox"/>	1
No	<input type="checkbox"/>	2

5. Have your mom / dad / grandma / grandpa / sister / brother ever told you that you are thin

Yes	<input type="checkbox"/>	1
No	<input type="checkbox"/>	2

6. Have your friends ever told you that you are thin

Yes	<input type="checkbox"/>	1
No	<input type="checkbox"/>	2

7. Have you ever thought that you are fat:

Yes	<input type="checkbox"/>	1
No	<input type="checkbox"/>	2

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8. Have your mom / dad / grandma / grandpa / sister / brother ever told you that you are fat

Yes	1
No	2

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9. Have your friends ever told you that you are fat

Yes	1
No	2

10. Which one of the pictures do you think you look the most like?

11. How happy are you with your present weight?

Happy	1
Not sure / somewhat happy	2
Unhappy	3

12. Do you think you are:

Underweight	1
Normal weight	2
Overweight	3

13. Do you worry about being thin?

Yes	1
No	2

14. Do you worry about being fat?

Yes	1
No	2

15. Have you ever tried to lose weight?

Yes	1
No	2

16. Are you now trying to lose weight?

Yes	1
No	2

17. Have you ever tried to gain weight?

Yes	1
No	2

18. Are you now trying to gain weight?

Yes	1
No	2

19. Choose one method you used / are using to lose weight: (Answer this if you said yes to 16 or 17)

Reduced the amounts of food I use to eat	1
Exercise more	2
Skip some meals	3
Starve myself the whole day	4
Use weight reducing medications	5
Other:	6

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20. Choose one method you used / are using to gain weight: (Answer this if you said yes to 18 or 19)

Increased the amounts of food I used to eat	1
Exercise more	2
Eat more meals than I usually eat each day	3
Take supplements to increase energy intake	4
Other:	5

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21. If a girl of your age is thin she would:

a) Have more friends	Yes=1	No=0
b) Feel better about herself	Yes=1	No=0
c) Be prettier	Yes=1	No=0
d) Feel more like a girl	Yes=1	No=0
e) Be healthier	Yes=1	No=0

22. If a girl of your age is fat she would:

a) Have more friends	Yes=1	No=0
b) Feel better about herself	Yes=1	No=0
c) Be prettier	Yes=1	No=0
d) Feel more like a girl	Yes=1	No=0
e) Be healthier	Yes=1	No=0

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